

ANTIPHON

Sicut fuit Jonas

AM 348

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S Jonah was three days and three nights * in the belly of

the whale, so will the Son of Man spend three days and three nights

in the heart of the earth.

LUKE 1: 46–55

CANTICLE OF MARY

My s  ul proclaims the gr  atness of the L  rd, †
my sp  rit rej  ices in G  d my S  vior *
for he has l  oked with f  vor on his l  wly s  rvant.

From this d  y all gener  tions will c  ll me bl  ss  d: †
the Alm  ghty has d  ne great th  ngs for m  , *
and h  ly is his n  me.

He has m  rcy on th  se who f  ar him *
in   very gener  tion.

He has sh  wn the str  ngth of his   rm, *
he has sc  ttered the pr  ud in their conc  it.

He has c  st down the m  ghty from their thr  nes, *
and has lifted up the l  wly.

He has filled the h  ngry with good th  ngs, *
and the r  ch he has s  nt away   mpty.

He has c  me to the h  lp of his s  rvant   srael *
for he has rem  mbered his pr  mise of m  rcy,
the pr  mise he m  de to our f  thers, *
to   braham and his ch  ldren for   ver.