

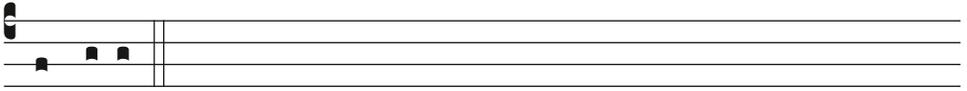
ANTIPHON 1

*Domine, abstraxisti* \*

PM 47

viii g 

**I** cried to you, Lord, \* and you healed me; I will praise you



for ev-er.

PSALM 30

THANKSGIVING FOR DELIVERANCE FROM DEATH

*Christ, risen in glory, gives continual thanks to his Father. (Cassian)*

**I** WILL praise you, Lórd, yóu have réscued mé \*  
and have nót lét my énemies rejóice over mé.

O Lórd, I críed to you for hélp \*  
and yóu, my Gód, have héaled me.

O Lórd, you have ráised my sóul from the déad, \*  
restóred me to lífe from those who sínk into the gráve.

Sing psálms to the Lórd, you who lóve him, \*  
give thánks to his hólý náme.

His ánger lasts a móment; his fávor all through lífe. \*  
At níght there are téars, but jóy comes with dáwn.

I sáid to mysélf in my good fórtune: \*  
"Nóthing will éver distúrb me."

Your fávor had sét me on a móuntain fástness, \*  
then you híd your fáce and I was pút to confusión.

To yóu, Lórd, I críed, \*  
to my Gód I máde appéal:

"What prófit would my déath be, my góing to the gráve? \*  
Can dúst give you práise or procláim your trúth?"

The Lórd lístened and had píty. \*  
The Lórd cáme to my hélp.

For mé you have chánged my móurning into dáncing, \*  
you remóved my sáckcloth and clóthed me with jóy.

So my sóul sings psálms to you uncéasingly. \*  
O Lord my Gód, I will thánk you for éver.

ANTIPHON 2

*Laetamini in Domino* \*

PM 50

III a

**T** HE one who is sinless \* in the eyes of God is blessed indeed.

PSALM 32

THEY ARE HAPPY WHOSE SINS ARE FORGIVEN

*David speaks of the happiness of the man who is holy in God's eyes not because of his own worth, but because God has justified him. (Romans 4: 6)*

**H**APPY the mán whose offense is forgiven, \*  
whose sín is remitted.

O háppy the mán to whom the Lórd impútes no guílt, \*  
in whose spírit is no guíle.

I kept it sécret and my fráme was wásted. \*

I gróaned all day lóng,  
for níght and dáy your hánd \*  
was héavy upón me.

Indéed my stréngth was dried úp \*  
as by the súmer's héat.

But nów I have acknówledged my síns; \*  
my guílt I díd not híde.

I saíd: "Í will conféss \*  
my offense to the Lórd."

And yóu, Lórd, have forgiven \*  
the guílt of my sín.

So let évery good mán pray to yóu \*  
ín the tíme of néed.

The flóods of wáter may reach hígh \*  
but hímm they shall not réach.

Yóu are my híding place, O Lórd; †  
you sáve me fróm distréss. \*  
You surróund me with críes of delíverance.

I will instrúct you and téach you \*  
the wáy you should gó;

I will gíve you cóunsel \*  
with my éye upón you.

Be not like hórse and múle, unintélligent, †  
needing brídle and bít \*  
élse they will not appróach you. —

Many sórrors has the wícked †  
but hé who trústs in the Lórd, \*  
loving mércy surróunds him.

Rejóice, rejóice in the Lórd, \*  
exúlt, you júst!

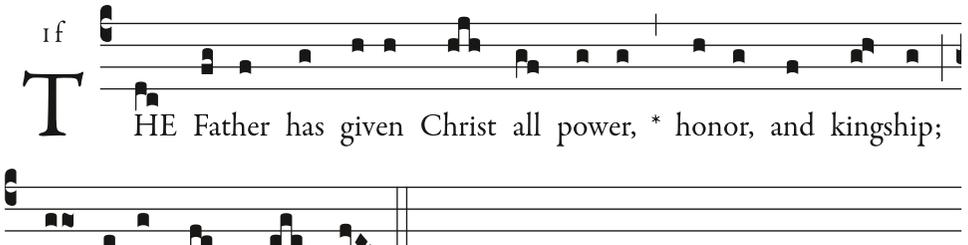
O cóme, ríng out your jój, \*  
all you úpright of héart.

ANTIPHON 3

*Dedit ei Dominus*

*PM 375, AG 998*

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**T**HE Father has given Christ all power, \* honor, and kingship;  
all people will o-bey him.

REVELATION 11: 17–18; 12: 10b–12a

THE JUDGMENT OF GOD

**W**E praise you, the Lord Gód Almighty, \*  
who is and who wás.

You have assumed your great pówer, \*  
yóu have begun your réign.

The nátions have ráged in ánger, \*  
but thén came your dáy of wráth  
and the móment to júdge the déad: \*  
the tíme to rewárd your sérvants the próphets  
and the hóly ones who revére, \*  
the gréat and the smáll alike.

Now have salvátion and pówer cóme, †  
the réign of our Gód and the authóritý \*  
of his Anóinted Óne.

For the accúser of our bróthers is cast óut, \*  
who níght and dáy accused them before Gód.

They deféated him by the blóod of the Lámbs †  
and by the wórd of their téstimony; \*  
love for life did not detér them from déath.

So rejóice, you héavens, \*  
and yóu that dwéll thereín!